



HIATUS HOUSE

250 LOUIS AVENUE, WINDSOR, ONTARIO N9A 1W2

Telephone (519) 252-7781
1 (800) 265-5142
TDD (519) 252-2768
Fax (519) 252-7296

NEEDED ITEMS LIST

Women's Items

Shampoo
Conditioner
Deodorant
Sanitary Pads
Tampons
Kleenex
Combs, Brushes
Razors
Hand Lotion
Women's Bras
Women's sweatpants
T-Shirts
Socks, Slippers
Women's underwear
Toothbrushes, Toothpaste
Soap, liquid soap
Gift Cards
Bus Tickets
Gas Cards

Children's Items

Diapers – Size 1 – 6
Training Pants
Sippy Cups
Teethers
Juice Boxes
Gift Cards
Baby Soothers
Baby Wipes
Baby Food
Baby Formula
Baby Bottles (4oz and 8oz)
Socks, Slippers
Underwear
Pajamas
Toys, Games (**Brand New only**)
School Supplies

Food Items

Any Nonperishable Items
Rice
Pasta
Cereals
Coffee/Tea
Crackers packaged
Condensed Milk
Sugar
Salt
Peanut Butter and Jam
Tuna, Chicken (canned)
Ketchup, Mustard, Relish
Canned Soups, Beans
Canned Vegetables, Fruit
Oil
Flour

Other

Toilet paper
Cleaning solvents, sponges
Laundry soap, fabric softener
Towels (kitchen and bathroom)
Paper towels
Garbage bags

*Note: Items including new or used furniture, dishes, microwaves, computers, etc. are distributed to the women directly; they cannot be stored inside the shelter.